

Product description: Hadley Wood Healthcare's Energy B complex supplies a high potency B vitamin blend in a convenient one-a-day format. The B group of vitamins are essential for the healthy functioning of many body processes that regulate energy metabolism.

Instructions: Unless otherwise advised, take 1 capsule daily with food.

Comments: Hadley Wood Healthcare Energy B is made with high quality ingredients and is free from Salt, Starch, Wheat, Maize, Gluten, Lactose, Yeast, Dairy products, Artificial Preservatives - Dyes or Colours. Store in a cool dry place.

Contact Details:

Hadley Wood Healthcare Ltd.

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30 VEG CAPS



EnergyB

High potency vitamin B complex

Supplement facts:

Serving size: 1 capsule. Servings per container: 30.

Per 1 capsule

Ingredients

Amount % RDA

Panthenic Acid	50mg	883
Niacin (as Niacinamide)	45mg	281
Vitamin B6 (as Pyridoxine HCl)	80mg	5714
Vitamin B1 (as Thiamin Mononitrate)	65mg	5909
Vitamin B2 (as Riboflavin)	65mg	4643
Choline bitartrate	100mg	*
Folic acid	400µg	200
Vitamin B12 (as methylcobalamin)	500µg	200
Para-aminobenzoic Acid	20mg	*

*Daily Value (DV) not established.

Non active ingredients: Cellulose (HPMC) capsule shell

Notes: Vitamin B2 can change the colour of your urine to a yellow/orange colour. This is quite safe and a normal reaction in some people. Do not combine with other products containing additional vitamin B6.

For batch number and sell by date see base of tub.