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LAMBERTS®

THE PROFESSIONAL RANGE

HYPOALLERGENIC FORMULATION

Vitamin B6 **50**mg

(Pyridoxine) FOOD SUPPLEMENT 100 tablets

DIRECTIONS: Take 1 to 2 tablets daily with a meal, or as directed by a practitioner or pharmacist. Do not exceed recommended daily dose.

Food supplements should not be asubstitute for a varied diet.

CAUTION: Do not take if pregnant or breast feeding. Long term intake may lead to mild tingling and numbness.

INGREDIENTS: DiCalcium Phosphate, Cellulose, Vitamin B6 (Pyridoxine Hydrochloride), Silicon Dioxide, Stearic Acid, Magnesium Stearate.

NUTRITION INFORMATION Typically per tablet:

Vitamin B6 50mg 3571

%RDA*

*RDA = Recommended Daily Allowance

Vitamin B6, also known as pyridoxine, is involved in the manufacture of red blood cells and is required for a healthy nervous system. It is also required for the production of neurotransmitters (brain chemicals).

V Suitable for vegetarians.

KEEP AWAY FROM CHILDREN

8061-100

TO BE TAKEN ON THE ADVICE OF A PRACTITIONER OR PHARMACIST ONLY

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