

Active Ingredients: Each film-coated tablet contains 370mg of extract (as dry extract) from St John's Wort aerial parts (*Hypericum perforatum* L.) (5-7:1) (equivalent to 1850mg-2590mg of St John's Wort). Extraction solvent: Ethanol 60% v/v.

Dosage: For oral use only.

Adults and the elderly: Take one tablet daily with water or other liquid.

WARNING: Do not use if:

- you are allergic to any of the ingredients
- you are pregnant or breastfeeding
- you have been diagnosed with depression or think you may be depressed
- you are about to undergo surgery
- you are under 18 years of age

St. Johns Wort products must not be taken at the same time as certain medicines including:

- many prescribed by your doctor
- hormonal contraceptives (including 'the Pill')
- some you can get without prescription

Read the enclosed patient information leaflet carefully before using this product.

If your symptoms worsen, if they do not improve after 6 weeks, if side effects become serious or if you experience side effects not mentioned in the leaflet, you must consult your doctor, pharmacist, or qualified healthcare practitioner.

In rare cases increased sensitivity to sunlight may occur, especially in fair skinned people.

Do not use after the expiry date shown below.

EXPIRY: See base of pack

THR 34425/0001

LA417



Certification Mark

LAMBERTS®

Lamberts® St. John's Wort is a traditional herbal medicinal product used to relieve the symptoms of:

- slightly low mood and
- mild anxiety

Based on traditional use only.

Keep out of sight and reach of children

Do not store above 25°C

Store in the original package

THR Holder:
Lamberts Healthcare Ltd
1 Lamberts Road
Tunbridge Wells
Kent TN2 3EH
Tel: 01892 554312

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Lamberts®
St John's Wort tablets
St John's Wort Extract 370mg

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60 tablets
8001-60