

Hadley Wood Healthcare's Bone Health Range

has been developed and formulated to meet the demands of modern life and the needs of those seeking targeted nutritional support for their bones and joints. The products are suitable for men and women of all ages.

While supplements should never replace a balanced diet, vitamin D and calcium are known to be essential for bone and skeletal health.



Bone Health Range

Available from:



Distributed by:

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www.hhcproducts.co.uk

Bone Health Range



from Hadley Wood Healthcare

Calci-D-min

For all-in-one bone support

Calci-D-min is made from 100% Vegetarian Society approved ingredients and has been formulated to help support optimal bone and joint health. Minerals are derived from a sustainable source of seaweed (Aquamin™) that generates natural calcium and magnesium as well 73 other trace minerals. Being plant based, these minerals are easily absorbed by the body. We have added vitamins D₃, K₁ and K₂ and other co-factors such as boron to enhance the blend and offer your bones extra support.

Key supplement facts

Aquamin (seaweed extract) is fully Kosher and Halal certified and certified Non GMO.

Calcium & magnesium - derived from sustainable seaweed therefore not reliant on poorly absorbed forms such as calcium carbonate, and far more bioavailability.

73 other trace elements (excluding the calcium and magnesium) included as part of the organic matrix derived from the seaweed.

Vegetarian D₃ added at 1000iu (25µg) across the full dose of 4 capsules per day.

Calcium kept at 600mg per day to avoid the issue of excessive intake in addition to dietary sources in the light of recent research associating accelerated cardiovascular calcification in users of high dose calcium supplements.

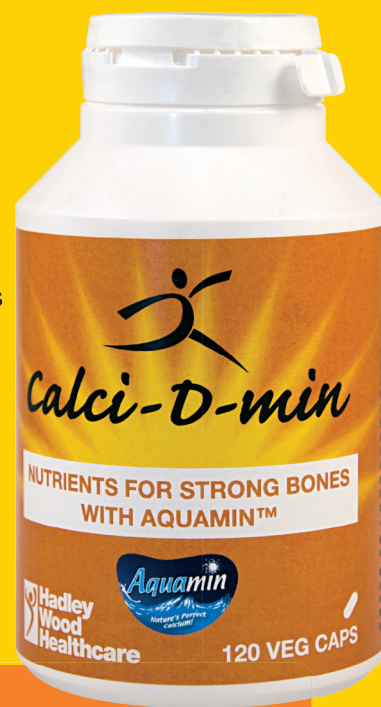
Vitamin K₁ and K₂ added for their ability to help stimulate bone protein (osteocalcin) production.

B-vitamins to offset excessive homocysteine effects

Boron added for its positive influence on calcium and bone metabolism

Recommended use

Unless otherwise advised, 1-2 capsules twice a day with food



Amount per 4 Capsules:

Ingredient	Amount	RDA
Natural calcium from Aquamin™	600mg	75%
Magnesium (80% citrate, 20% from Aquamin™)	250mg	67%
Phosphorus (tri calcium phosphate)	100mg	14.2%
Vitamin C (calcium ascorbate)	100mg	125%
Vitamin B ₆ (as pyridoxine HCl)	25mg	1785%
Betaine HCl	20mg	-
Zinc (as zinc gluconate)	10mg	100%
Manganese (as citrate)	5mg	250%
Copper (as copper gluconate)	2mg	200%
Boron (as sodium tetra borate)	2mg	-
Natural silicon (from bamboo)	2mg	-
Folic acid	800µg	400%
Vitamin D ₃ (cholecalciferol)	25µg (1000iu)	250%
Vitamin B ₁₂ (methylcobalamin)	20µg	2000%
Vitamin K ₂ (menaquinone)	14µg	186%
Vitamin K ₁ (phyloquinone)	16µg	213%

Veggie D₃

1000IU (25mcg) Vitamin D₃

While some vitamin D enters our body from certain foods, vitamin D is primarily generated following exposure to sunlight. It's true to say that sun-burn is dangerous but sun exposure on the other hand is the natural way to get vitamin D. Research now suggests that those living in the UK run the risk of becoming vitamin D deficient and the Department of Health now advise people who do not get much sun, pregnant and breast feeding women or those over 65 years of age to take 10µg (400iu) of vitamin D₃ daily.

Our vitamin D₃ has been fully approved by the Vegetarian Society (UK) and is delivered in capsules containing 25µg (1000iu).

Recommended use

Unless otherwise advised, 1 capsule per day.



Amount per Capsule:

Ingredient	Amount	RDA
Vitamin D ₃	25µg (1000iu)	250%