

LAMBERTS®

THE PROFESSIONAL RANGE

High Quality Powdered L-Glutamine

natural, free-form

FOOD SUPPLEMENT
500g^e Powder

8309-500


DIRECTIONS: Serving Guide: 1 heaped teaspoon = 5g

Recommended Daily Intake: 5g. Take 5g mixed into water or fruit juice, at least half an hour away from food, or at bedtime, or as directed by a practitioner or pharmacist. Do not exceed recommended daily dose.

Food supplements should not replace a balanced diet and a healthy lifestyle.

CAUTION: Do not take if pregnant or breast feeding.

INGREDIENTS: L-Glutamine.

 Suitable for vegetarians.

NUTRITION INFORMATION

Typically:	Per 5g serving	Per 100g
L-Glutamine	5g	100g
Calories	20kcal	400kcal

Large quantities of L-Glutamine, an amino acid, are stored in our muscle.

Lamberts® amino acids are presented in their natural 'L' free-form, which means that they are ready to be absorbed and used by the body.

KEEP AWAY FROM CHILDREN

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