

Elthea 100 contains green tea extract supplying L-theanine in its most natural form.

Ingredients: microcrystalline cellulose, Green tea (Camellia sinensis L.), cellulose capsule shell.

Recommendations: One capsule two or three times daily. If additional support is desired, increase to two capsules three times daily, or as directed by your healthcare practitioner.

Do not exceed stated dose. Not to be used as a substitute for a varied diet. Store in a cool dry place out of children's reach. Do not use if seal is broken. Use within 12 months of opening.

If pregnant, nursing, or taking prescription drugs, consult your healthcare practitioner prior to use.

Vegetarian & Vegan Formula.



Supplement Facts

Serving Size: 1 Veg Cap

Amount per Veg Cap

L-theanine (from green tea extract)	100 mg*
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*Daily Value not established.

Ingredients: microcrystalline cellulose, Green tea (Camellia sinensis L.), cellulose capsule shell.

This product contains natural ingredients; colour variations are normal.

Allergy advice: For allergy status see ingredients in **bold**. This product is manufactured in a facility that also handles cereals containing gluten, crustaceans, eggs, fish, peanuts, soybeans, milk, nuts, celery, mustard, sesame seeds, sulphites, lupin and molluscs and products thereof.

Blended and packed in the UK for:
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