

## **LAMBERTS®**

THE PROFESSIONAL RANGE

## Taurine 500mg

Free-Form | Easy Absorption

60 Capsules

DIRECTIONS: Take 1 to 3 capsules daily with water or fruit juice, or as directed by a practitioner or pharmacist. Do not exceed recommended daily dose.

An amino acid is best taken half an hour before any meal or at bedtime.

Food supplements should not replace a balanced diet and a healthy lifestyle.

CAUTION: Do not take if pregnant or breast feeding.

INGREDIENTS: Taurine, Rice Flour, Capsule Shell (Hydroxypropyl Methylcellulose), Magnesium Stearate, Silicon Dioxide.

(V) Suitable for vegetarians.

## PRODUCT INFORMATION

Typically per capsule:

Taurine

500mg

Amino acids are used by the body to build proteins. Proteins are essential for the formation of cells and are also involved in the biochemical structure of hormones, enzymes, neurotransmitters and antibodies.

Lamberts® amino acids are presented in their free-form, which means that they are ready to be absorbed and used by the body.

KEEP AWAY FROM CHILDREN

TO BE TAKEN ON THE ADVICE OF A PRACTITIONER OR PHARMACIST ONLY 8325-60

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