

CAUTION: This product contains iron, which if taken in excess may be harmful to very young children. Keep out of sight and reach. Excessive consumption may produce laxative effects.

Food supplements should not replace a balanced diet and a healthy lifestyle.



STORE IN A COOL, DRY PLACE

BEST BEFORE END:

BATCH NUMBER:

LL758-6

TO BE TAKEN ON THE ADVICE OF A
PRACTITIONER OR PHARMACIST ONLY

LAMBERTS®

THE PROFESSIONAL RANGE

Multi-Guard®
for kids

A chewable multivitamin and
mineral supplement with sweetener
for the age group 4 to 14

FOOD SUPPLEMENT
100 tablets

8461-100

DIRECTIONS: Children 4 to 10 years: chew 1 tablet daily with a meal.

Children 11 years and over: chew 2 tablets daily with a meal, or as directed by a practitioner or pharmacist. Do not exceed recommended daily dose.

INGREDIENTS: Sweetener: Xylitol, Calcium Carbonate, Fructo-oligosaccharides, Magnesium Hydroxide, Vitamin C (Ascorbic Acid), Flavouring (contains **Sulphites**), Niacin (Nicotinamide*), Citric Acid, Stearic Acid, Vitamin E (dl-alpha Tocopherol Acetate), Iron (Ferrous Fumarate*), Silicon Dioxide, Magnesium Stearate, Colour: Beetroot Powder, Zinc Oxide*, Vitamin A Acetate, Vitamin B6 (Pyridoxine Hydrochloride*), Pantothenic Acid (Calcium Pantothenate), Thiamin Mononitrate, Riboflavin*, Vitamin D3, Choline Bitartrate, Inositol, Chromium Picolinate, Folic Acid, Potassium Iodide, Biotin, Sodium Selenite, Vitamin B12 (Cyanocobalamin).

*Microencapsulated with mono and diglycerides of fatty acids to mask the taste of the given vitamin/mineral.

KEEP AWAY FROM CHILDREN

NUTRITION INFORMATION

Typically per tablet: %NRV*

Vitamin A	400µg	50
Vitamin D	2.5µg	50
Vitamin E	5mg	42
Vitamin C	60mg	75
Thiamin	0.7mg	64
Riboflavin	0.8mg	57
Niacin	9mg	56
Vitamin B6	1mg	71
Folic Acid	100µg	50
Vitamin B12	0.5µg	20
Biotin	75µg	150
Pantothenic Acid	3mg	50
Calcium	80mg	10
Magnesium	45mg	12
Iron	2.8mg	20
Zinc	4mg	40
Selenium	20µg	36
Chromium	25µg	62
Iodine	75µg	50
Choline Bitartrate	1mg	-
Inositol	1mg	-

*NRV = Nutrient Reference Value

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