

**DIRECTIONS:** Take 1-2 tablets a day with a meal or as directed by a practitioner or pharmacist. Alternatively, 2 tablets can be taken prior to a fatty meal to encourage digestive ease.

Do not exceed recommended daily dose. Food supplements should not replace a balanced diet and healthy lifestyle.

CAUTION: Do not take if pregnant or breast feeding

INGREDIENTS: Artichoke Extract,
DiCalcium Phosphate, Microcrystalline
Cellulose, Tablet Coating
(Hydroxypropyl Methylcellulose,
Colours: Titanium Dioxide, Curcumin,
Copper Chlorophyllin & Iron Oxide,
Glycerin), Silicon Dioxide, Magnesium
Stearate, Crosslinked Cellulose Gum.

## PRODUCT INFORMATION

Typically per tablet:

Artichoke 8000mg (as 320mg of a 25:1 extract) providing Cynarin 16mg

It is the leaves of the artichoke plant that contain the active compounds, the most important one being cynarin. Lamberts® Artichoke is a high potency extract standardised upon 5% cynarin, to give a relevant level of 16mg cynarin per tablet.

V Suitable for vegetarians.

KEEP AWAY FROM CHILDREN

TO BE TAKEN ON THE ADVICE OF A PRACTITIONER OR PHARMACIST ONLY

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