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STORE IN A COOL, DRY PLACE

BEST BEFORE END:

BATCH NUMBER:

LK819

LAMBERTS®

THE PROFESSIONAL RANGE

Choline Liver Complex

Choline contributes to the
maintenance of normal liver function

With Vitamin B Complex and Milk Thistle Extract

FOOD SUPPLEMENT
60 Tablets

DIRECTIONS: Take 1 tablet daily with a meal, or as directed by a practitioner or pharmacist. Do not exceed recommended daily dose.

Food supplements should not replace a balanced diet and healthy lifestyle.

CAUTION: Do not take if pregnant or breast feeding.

INGREDIENTS: Choline Bitartrate, Cellulose, Calcium Carbonate, Milk Thistle Seed Extract, Inositol, Niacin (Nicotinamide), Anti-caking Agents (Silicon Dioxide & Magnesium Stearate), Pantothenic Acid (Calcium Pantothenate), Tablet Coating (Hydroxypropyl Methylcellulose, Glycerine), Crosslinked Cellulose Gum, Stearic Acid, Thiamine Mononitrate, Vitamin B6 (Pyridoxine Hydrochloride), Riboflavin, Vitamin B12 (Cyanocobalamin), Folic Acid, Biotin.

Suitable for vegetarians & vegans

KEEP AWAY FROM CHILDREN

PRODUCT INFORMATION

Typically per tablet:	%NRV*
Thiamin	4.4mg 400
Riboflavin	2.8mg 200
Niacin	32mg 200
Vitamin B6	2.8mg 200
Folic Acid	400µg 200
Vitamin B12	10µg 400
Biotin	100µg 200
Pantothenic Acid	12mg 200
Choline	100mg
Inositol	50mg
Milk Thistle (as 100mg extract)	3000mg
Providing Silymarin	80mg

*NRV = Nutrient Reference Value

TO BE TAKEN ON THE ADVICE OF A
PRACTITIONER OR PHARMACIST ONLY

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