

DIRECTIONS: Take 2 capsules daily with a meal, or as directed by a practitioner or pharmacist. Do not exceed recommended daily dose.

Food supplements should not replace a balanced diet and healthy lifestyle.

CAUTION: Do not take if pregnant or breast feeding.

INGREDIENTS: Fish Body Oil Concentrate (Fish Oil, Antioxidant: Mixed Tocopherols), Capsule Shell (Gelatin, Glycerine, Colour: Iron Oxide), Co-Enzyme Q10.

EPA and DHA contribute to the normal function of the heart. The beneficial effect is obtained with a daily intake of 250mg of EPA and DHA.

PRODUCT INFORMATION

Typically per 2 capsules:

| Fish Body Oil Concentrate Providing | 1300mg |
|--|--------|
| Omega 3 Fatty Acids | 1040mg |
| of which | |
| Eicosapentaenoic | 715mg |
| Acid (EPA) | |
| Docosahexaenoic | 286mg |
| Acid (DHA) | |
| Co-Enzyme Q10 | 100mg |



KEEP AWAY FROM CHILDREN

TO BE TAKEN ON THE ADVICE OF A
PRACTITIONER OR PHARMACIST ONLY

8536-90

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(Ubiquinone)