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STORE IN A COOL, DRY PLACE

BEST BEFORE END:

BATCH NUMBER:

LAMBERTS®

THE PROFESSIONAL RANGE

Ashwagandha 6000mg

(as 300mg root extract)
with vitamin C plus zinc

for the **NORMAL** function
of the **IMMUNE SYSTEM**

FOOD SUPPLEMENT
60 Capsules



DIRECTIONS: Take 1 capsule daily with a meal, or as directed by a practitioner or pharmacist. Do not exceed recommended daily dose.

Food supplements should not replace a balanced diet and healthy lifestyle

CAUTION: Do not take if pregnant or breastfeeding.

INGREDIENTS: Ashwagandha (*Withania somnifera*) Root Extract, Capsule Shell (Hydroxypropyl Methylcellulose), Vitamin C (Ascorbic Acid), Zinc Citrate, Anti-caking Agents (Magnesium Stearate & Silicon Dioxide), Bulking Agent (White Rice Powder).

PRODUCT INFORMATION

Typically per capsule: %NRV*

Vitamin C	40mg	50
Zinc	5mg	50
Ashwagandha	6,000mg	
(as 300mg of a 20:1 extract)		
Providing		
Withanolides	15mg	

*NRV = Nutrient Reference Value

- Ⓥ Suitable for vegetarians
- Ⓥ Suitable for vegans

KEEP AWAY FROM CHILDREN

TO BE TAKEN ON THE ADVICE OF A
PRACTITIONER OR PHARMACIST ONLY

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