Directions: Take 2 tablets daily with a meal, or as directed by a practitioner or pharmacist. Do not exceed recommended daily dose.

Food supplements should not replace a balanced diet and a healthy lifestyle.

Caution: Do not take if pregnant or breast feeding.

Ingredients: Turmeric Root Extract, Cellulose, Calcium Carbonate, Lutein Complex (Lutein, Zeaxanthin, Antioxidant: Rosemary Extract), Tablet Coating (Hydroxypropyl Methylcellulose, Glycerine), Anti-caking Agents (Silicon Dioxide & Magnesium Stearate), Rosemary Extract, Zinc Citrate, Stearic Acid, Vitamin B12 (Methylcobalamin).

PRODUCT INFORMATION		
Typically per 2 tablets:		%NRV
Turmeric Root Extract providing 95% Curcumins equivalent to 10,000mg of Turmeric Spice	500mg	
Lutein	10mg	
Zeaxanthin	500µg	
Vitamin B12	500µg	20,000
Zinc	5mg	50
Rosemary (as 7.5:1 extract)	20mg	

^{*}NRV = Nutrient Reference Value



Suitable for ${\color{red} {f V}}$ vegetarians & ${\color{red} {f V}}$ vegans

KEEP AWAY FROM CHILDREN

Lamberts Healthcare Ltd

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LAMBERTS®

TurMemoric

Turmeric Extract with Lutein & Rosemary Extract

Turmeric Extract with Lutein & Rosemary Extra Plus Vitamin B12 & Zinc

