

A light pink coloured powder

Typically:

	per 55g	per 100g serving
Energy	898kj/215kcal	1633kj/390kcal
Protein	35.0g	63.6g
Carbohydrate	6.7g	12.1g
of which Sugars	4.1g	7.4g
Fat	5.3g	9.7g
of which Saturates	0.8g	1.4g
Magnesium	188mg	342mg
Salt	0.3g	0.6g

Amino Acid Profile

	per 55g	per 100g serving
Alanine	1.5g	2.8g
Arginine	1g	1.8g
Aspartic Acid	3.3g	6g
Cysteine	0.8g	1.4g
Glutamic Acid	7.2g	13.1g
Glycine	0.7g	1.4g
Histidine	0.6g	1.2g
Isoleucine	1.9g	3.4g
Leucine	3.5g	6.3g
Lysine	2.7g	5g
Methionine	0.6g	1.1g
Phenylalanine	1.3g	2.3g
Proline	2.4g	4.4g
Serine	1.8g	3.3g
Threonine	2.2g	4.1g
Tryptophan	0.5g	0.8g
Tyrosine	1.1g	2g
Valine	1.9g	3.5g

Ingredients:

Whey Protein Concentrate (Milk, Soya), Glutamine Peptides (Gluten), Fine Oat Powder (Gluten), CLA (Conjugated Linoleic Acid), Natural Colour (Beetroot Red), Flavouring, Tri-Calcium Phosphate, Stabiliser (Xanthan Gum), Vitamin and Mineral Premix (Maltodextrin, Vitamin C (Ascorbic Acid), Iron (Ferrous Citrate), Zinc Citrate, Vitamin E Acetate, Niacin (Nicotinamide), Selenium (L-Selenomethionine), Manganese Bisglycinate, Calcium Pantothenate (Pantothenic Acid), Vitamin A Acetate, Copper Citrate, Vitamin B12 (Cyanocobalamin), Riboflavin, Vitamin B6 (Pyridoxine Hydrochloride), Thiamin Mononitrate, Chromium Picolinate, Folic Acid, Potassium Iodide, Vitamin D, Biotin), Magnesium Phosphate, Green Tea Extract, Sweetener (Sucralose).

Suitable for vegetarians.